Blood Donation Opportunities

Jan. 16-31, 2015



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redcrossblood.org

Start a lifesaving habit by giving blood with the American Red Cross

(Jan. 2, 2015) —The American Red Cross encourages eligible blood donors to start a lifesaving habit by becoming a regular blood donor this year, starting with National Blood Donor Month in January.

January is a challenging time for blood donations. Inclement weather can result in blood drive cancellations, and cold and flu season may cause some donors to be unable to make or keep blood donation appointments. National Blood Donor Month, celebrated in January since 1970, raises awareness of the need for blood during the winter and throughout the year, while honoring those who roll up a sleeve to help patients in need.

Donors of all blood types are needed, especially those with O negative, A negative and B negative. Type O negative is the universal blood type and can be transfused to patients with any blood type. Types A and B negative can be transfused to Rh positive or negative patients.

To learn more about donating blood and to schedule an appointment, download the Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767).

American Red Cross Blood Donation Center

Saint Cloud Area Blood Donation Center 1301 West St. Germain Street Mondays and Thursdays: 1 – 7 p.m. Fridays: 8 a.m. – 2 p.m.

Additional blood donation opportunities:

Benton

Foley 1/26/2015: 1 p.m. - 7 p.m., Henry's Catering, 6774 Highway 25 NE

Chisago

Taylors Falls 1/29/2015: 1 p.m. - 7 p.m., Community Center, 312 Government St.

Isanti

Braham

1/30/2015: 10 a.m. - 4 p.m., Braham Area High School, Elmhurst Drive

Isanti

1/23/2015: 1:30 p.m. - 7:30 p.m., Faith Lutheran Church, 109 2nd Ave. S.

Kanabec

Mora

1/16/2015: 9 a.m. - 7 p.m., Mora United Methodist Church, 500 Clark St.

Kandiyohi

Atwater

1/29/2015: 1 p.m. - 7 p.m., Atwater Community Center, 107 2nd St. N.

Spicer

1/27/2015: 1 p.m. - 7 p.m., Faith Lutheran Church, 310 Medayto Drive

Willmar

1/20/2015: 1 p.m. - 7 p.m., Eagle Lake Lutheran Church, 1650 60th Ave. NE

Meeker

Eden Valley

1/28/2015: 1:30 p.m. - 7:30 p.m., Eden Valley High School, 298 Brooks St.

Mille Lacs

Milaca

1/22/2015: 1:30 p.m. - 6:30 p.m., Milaca Evangelical Free Church, 1100 Central Ave.

Onamia

1/26/2015: 12 p.m. - 6 p.m., Vets Club, 38692 US Highway 169

Renville

Danube

1/20/2015: 1 p.m. - 7 p.m., Community Center, 407 Main St.

Franklin

1/19/2015: 1 p.m. - 7 p.m., Cedar Mountain School, 231 4th St.

Sherburne

Big Lake

1/26/2015: 12 p.m. - 6 p.m., Mary of the Visitation, 440 Lake St. N.

Zimmerman

1/19/2015: 1 p.m. - 6 p.m., Freshwater United Methodist Church, 12475 273rd Ave.

Stearns

Kimball

1/22/2015: 1 p.m. - 7 p.m., St Anne Church, 441 Hazel Ave. E.

Sartell

1/20/2015: 1 p.m. - 7 p.m., St. Francis Xavier, 308 2nd St. N.

Sauk Centre

1/22/2015: 1 p.m. - 7 p.m., Elmer Z, 1225 Timber Lane Drive

St Cloud

1/26/2015: 1 p.m. - 7 p.m., St. Michaels Church, 1036 County Road 4 1/29/2015: 8 a.m. - 2 p.m., St. Cloud Veterans Hospital

St Joseph

1/23/2015: 10 a.m. - 4 p.m., College of St. Benedict, 37 S. College Ave.

St Martin

1/21/2015: 1 p.m. - 7 p.m., St. Martins Lions, 120 Maine St.

Wright

Albertville

1/24/2015: 9 a.m. - 2 p.m., Coborn's Grocery Store, 5698 LeCentre Ave.

Saint Michael

1/16/2015: 11:30 a.m. - 5:30 p.m., Preferred Choice Chiropractic, 703 Thielen Dr. SE

How to donate blood

Simply download the American Red Cross Blood Donor App, visit <u>redcrossblood.org</u> or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license

or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or visit us on Twitter at @RedCross.

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